

A Report on Guest Lecture
on Enhancing Personality Skills in the Digital World
Organised by Department of English & Foreign Languages
On 02.11.2023



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Co-ordinated by : C. Purushotham, Assistant Professor, Department of English & Foreign Languages
Report received on 04.11.2023

Resource Person : Dr. KV Raghupathi, Rtd. Professor of English Studies, Central University of Tamil Nadu, Tiruvaruru, Tamil Nadu.

Target : I B.Tech Students

Number of Students Participated: Morning session: 500 Students; Evening Session: 450 Students; Total Students: 950

Mode: Offline

First, a few lines about the resource person of the program. Dr. KV Raghupathi is a Retd. Professor from Central University of Tamil Nadu. He, being a man of letters, is a poet, short story writer, novelist, and former academic turned self-taught yogi with four decades of sadhana, holds unconventional views on philosophy, religion, and spirituality. He is the author of more than 30 books including the best seller "Think with Heart and Feel with Mind: A Yoga Diary".

The speaker emphasized three Personality Skills in the Digital World viz. Functional Skills, Technical Skills, and Self-management Skills and so on. The speaker, while elaborating the three skills mentioned above, has talked about the significance of Communication skills, Inter-personal skills, Intrapersonal skills, Right-usage of Artificial Intelligence and Distinctive Technologies, Emotional balance, Self-regulation, Self-management, Time-management and Goal setting and so on. Moreover, his talk often shifted to 'Yoga Practice in One's Life', and how Yoga helps to control and regulate body and mind. In addition, he has given some empirical examples of how self, and body co-operate with each other in their appropriate functioning. He added about the influence of diet on the body, appropriate diet in this busy digital world.

In fact, the session was very interactive and an eye-opener for the I. B Tech students. Around nine hundred and fifty I. B. Tech students actively participated in which 500 boys and 450 girls were there. The students enjoyed the session and received several inputs from the speaker.

Dr. N. Vijaya Bhaskar Choudary, Secretary and Correspondent, MITS was the Chief Patron of the program; Dr. C. Yuvaraj, Principal, MITS was the Patron of the program; Dr. P. Ramanathan, Vice Principal (Academics) was the chief guest of the program; Dr. P. Athahar, Head of Dept. of E & FL was the advisor of the program; Mr. C. Purushotham, Assistant Professor of English was the convenor of the program. In addition, Dr. R. Sriganesh, Asst. Professor of English; S. Mohankumar, Asst. Professor of English; Dr. S. Shanmuga Priya, Asst. Professor of English; Dr. K. Lakshmid devi, Asst. Professor of English; Mrs. Parvathi, Asst. Professor of English; Dr. Saktheeswar. V. B, Asst. Professor of English; Mr. T. Rama Mohan, Asst. Professor of English; Mr. Naresh, Asst. Professor of English; and MITS NSS Volunteers have looked after the discipline and extended their coordination to make the program a grand success. Finally, Dr. K. Lakshmid devi delivered a vote of thanks and Dr. P. Ramanathan, Vice Principal (Academics), Dr. P. Athahar, Head of Dept. of E & FL; Mr. C. Purushotham, the convenor of the program has honoured the guest.